

# Question cards to facilitate discussion after watching the HURT films

The questions below will guide you in discussing the HURT short films and their themes. The films deal with bullying, inappropriate behaviour and domestic violence at home and in the context of hobbies and memories. The stories in the films are based on real events, but do not feature direct personal experiences.

Dedicated sets of questions focusing on the particular themes of the films have been prepared for each of the three short films. However, you can also use other questions about the films if you find them useful.

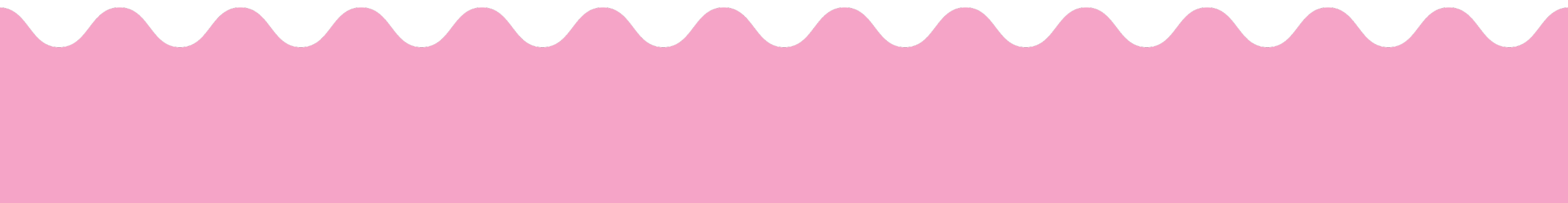
The questions are intended as suggestions and can be adapted for your own use and to suit different situations with different groups.

If you wish, you can also use the 'HURT – Information on Bullying' guide to help inform the discussion.



# **HURT: In Memories**

Adults and young adults



# Questions about the film

- What kind of thoughts or feelings did the short film evoke?
- Do you remember a moment in your childhood or youth when you knew someone was alone but you did not dare or want to intervene? What stopped you from taking action?
- Do you remember an adult from your childhood or youth who really saw you? Who were they? What did they do or say?

# Questions about the film

- How would you react if you heard or saw a child or young person being bullied?
- What would you like to say to someone who is being bullied? Or to a bully? To bystanders?

# The responsibility of adults

- How can we ensure that a child or young person is not left to deal with a bullying situation alone?
- How can we help so that no one is left alone in a group?
- How can we improve team spirit?

# The responsibility of adults

- How can you encourage a child or young person to tell you if they have been bullied?
- What should an adult take into account when apologising to a child or young person for having wronged them?
- How would you feel if you could be 'the one adult who cares' for a child or young person? How could you help?

# Interventions and raising issues

- Why is bullying not always intervened in?
- Why is it sometimes easier for an adult not to intervene than to address bullying?
- How can we encourage intervention so that it feels easier?
- What are the ways to intervene in the behaviour of the bully?

# Interventions and raising issues

- What might prevent someone who has been bullied from reporting it? Why? What should be done about it?
- As a parent, how would you like other parents to contact you if your child has been involved in a bullying incident?

# Interventions and raising issues

- What if the bully was an adult, such as a teacher or coach? Who could protect the child or young person and how?
- When does bullying become a crime?
- How would our community (school, home, hobby) change if we started talking about bullying as a form of violence?



**ESKO**

**ESPOON SIRKUS- JA TEATTERIKOULU**



**Harjulan  
setlementti**

**The Support Centre for  
Bullying Issues**

**VALOPILKKU**

[valopilkkuja.fi](http://valopilkkuja.fi)